



Checklist

Decollete Treatment with PRP or Lipofilling

Dear Patient,

You have decided to have a treatment to improve your skin quality. PRP (Platelet-rich Plasma) is a concentrate derived from centrifugated whole blood. It has a high concentration of growth factors and has been used to encourage healing of soft tissue. Therefore we use it for skin rejuvenation.

The treatment costs start at EUR 600,- according to the quantity of material we need. Deeper wrinkles in the decollete-region can be corrected with autologous fat (Lipofilling). In some cases the combination of Lipofilling and PRP will provide the best cosmetic results. Detailed information about the treatment and costs will be discussed with you during the first consultation.

Please note the following details.

Should you have any questions, please do not hesitate to contact me at any time.

Univ.Doz.Dr. Greta Nehrer

BEFORE THE PROCEDURE

- Please come to your appointment without make-up if possible.
- You should not take any blood-thinning medications (e.g. aspirin) for several days before your appointment.

DURING THE PROCEDURE

- The treatment takes about 30 - 60 minutes to perform.
- We will collect 10-15ml whole blood from your vein. After processing the plasma is injected with microneedles into the skin.
- You will experience only a mild burning sensation during the treatment.

AFTER THE PROCEDURE

- Mild redness in the area around the injection site usually remains visible for just 24 h.
- Minor bruising is rare, but could remain visible for several days after the treatment.
- You may use make-up 1 day after the treatment and continue your facial care as usual.
- We recommend a 2nd and 3rd treatment with PRP after 4 weeks. Lipofilling can be repeated after 6 months if desired.
- You may resume sports or physical activity after 12 hours.
- The results of the treatment can usually be seen 2 months after the procedure.