



## Checklist

# Lipofilling

Dear Patient,

You have decided to have a lipofilling for volume improvement in your face. The body's own fat is especially suitable for sunken cheeks and marked expression lines and the augmentation of the chin. After a gentle liposuction the fat is carefully injected in the face like a filler. 50-80% of the transplanted fat will survive and stay lifelong. Due to stemcells and growth factors there will also be an improvement of the quality of your skin.

The treatment costs are EUR 1.900 - 3.500,- according to the quantity of material we need.

Please note the following details.

Should you have any questions, please do not hesitate to contact me at any time.

Univ.Doz.Dr. Greta Nehrer

### **BEFORE THE PROCEDURE**

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- Please come to your appointment without make-up if possible.
- You should not take any blood-thinning medications (e.g. aspirin) for several days before your appointment.

### **DURING THE PROCEDURE**

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- The treatment takes 30 - 60 minutes to perform.
- You will experience only a mild burning sensation or slight pressure during the treatment. If desired, the area to be treated may be prepared with a local anaesthetic ointment before the treatment.

### **AFTER THE PROCEDURE**

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- Mild swelling in the treated area usually remains visible for 2 - 3 days.
- Minor bruising is rare, but could remain visible for several days after the treatment.
- You may use make-up immediately after the treatment and continue your facial care as usual.
- Avoid heat and pressure on the treated area for 3 weeks (no saunas, no facial massage).
- You may resume sports or physical activity after 2 weeks.
- The results of the treatment can usually be seen after 1 month.