



Checklist

Ear Correction

Dear Patient,

You have decided to have surgery to correct prominent ears. The ear correction can be easily performed under local anaesthesia. The resulting scar behind the ear is practically invisible.

The operation is performed under local anaesthesia as an outpatient procedure in the operating room at my practice. The total costs including all follow-up checks will be EUR 2.000,-

Please note the following details.

Should you have any questions, please do not hesitate to contact me at any time.

Univ.Doiz.Dr. Greta Nehrer

BEFORE THE PROCEDURE

- You should not take any blood-thinning medications (e.g. aspirin) for a period of 10 days before your appointment.
- Please purchase a headband before the operation. The headband should be a comfortable fit and not too tight and should measure about 7 cm in width.
- Please come to your appointment without make-up. Your hair should be washed.
- Before the operation, we will again review and discuss the procedure in detail. The area to be treated will be photographed for documentation.
- If you are nervous about the procedure, you may be given an oral sedative to reduce your anxiety.

DURING THE PROCEDURE

- The operation takes about 45 minutes to perform.
- You will experience only a mild burning sensation associated with the local anaesthetic.
- The suture behind the ear is covered with an adhesive skin closure (Steri-Strip).
- You will receive a head bandage to be worn overnight.

AFTER THE PROCEDURE

- A mild burning pain around the surgical site is normal as the anaesthetic wears off. You will not feel any significant pain.
- We recommend resting for at least 2 days after the procedure. You should avoid any exertions.
- The head bandage is removed 1 - 3 days after the operation and the treated area is examined. The headband is then applied and must be worn day and night for 1 week and for a further 2 weeks at night only.
- A check-up is scheduled after 7-10 days and the skin closure strip is changed, after which you may continue your facial care and wash your hair as usual.
- The skin closure strip behind the ear is removed after 14 days. Stitches do not have to be removed as the suture is reabsorbed.
- Patients typically are able to return to their regular social activities 1 week after the operation. The earlobe may remain slightly discoloured (reddish or bluish) for about 2-3 weeks.
- Avoid heat (sauna) and physical activity for a period of 2-3 weeks.
- The results of the operation can be properly assessed after 1 month.