



Checklist **Browlift**

Dear Patient,

You have decided to have a surgical browlift to return a more youthful look to your upper face. The aim is to achieve a natural-looking result that does not give the appearance of having been operated. A scar results at the hairline at the temples, but it usually disappears several weeks after the procedure. The procedure can be combined with eyelid modification.

The operation is performed under local anaesthesia as an outpatient procedure in the operating room at my practice. The total costs including all follow-up checks will be EUR 2.000,-

Please note the following details.

Should you have any questions, please do not hesitate to contact me at any time.

Univ.Doz.Dr. Greta Nehrer

BEFORE THE PROCEDURE

- You should not take any blood-thinning medications (e.g. aspirin) for a period of 10 days before your appointment.
- Please come to your appointment without make-up or contact lenses.
- Before the operation, we will again review and discuss the procedure in detail. The area to be treated will be photographed for documentation.
- If you are nervous about the procedure, you may be given an oral sedative to reduce your anxiety.

DURING THE PROCEDURE

- The operation takes about 45 min to perform.
- You will experience only a mild burning sensation associated with the local anaesthetic.
- The suture in front of the hairline is covered with an adhesive skin closure (Steri-Strip) or just a spray dressing.
- You will receive a head bandage to be worn overnight.

AFTER THE PROCEDURE

- Your vision may be slightly blurred for several hours after operation as a result of the protective eye ointment applied before the procedure.
- A mild burning pain around the surgical site is normal as the anaesthetic wears off. You will not feel any significant pain.
- We recommend resting for at least 2 days after the procedure. You should avoid any exertions.
- The head bandage is removed 1 - 3 days after the operation and the treated area is examined. Swelling and slight irregularities or a haematoma are completely normal and may last 1-2 weeks.
- A check-up is scheduled after 7 days after which you may continue your facial care and wash your hair as usual.
- Special scar treatment is usually not necessary. Treating the scar with regular oily skin cream should be sufficient.
- Patients typically are able to return to their regular social activities 2 weeks after the operation. Bruising or swelling may appear, however, and could last for 3 weeks. As a result, you should postpone any important social engagements until 3 weeks after the procedure.
- Avoid heat (sauna) and physical activity for a period of 2-3 weeks.
- The results of the operation can be properly assessed after 1 month.